

## Langebaan

### TREATMENT MENU

#### Body Ceremonies

<b>Bellabaci Deep Relax Body Ritual</b>	Feel your best inside and out with this balancing complex of organic oils and energetic synergies. Treatment includes a full body exfoliation, followed by the application of the stress no more body wrap. While the wrap is on, a 15 min scalp and foot massage is performed. Followed by the application of the stress no more balm and a relaxing 30 min back, neck and shoulder massage.	<b>R1250   120min</b>
<b>Bellabaci Body Exfoliation</b>	This luxurious exfoliating body treatment improves the skin's texture and adds a rejuvenating glow to the skin.	<b>R500   30min</b>



#### Massages

In-Suite available by special arrangement

<b>Signature Welcome Massage</b> Gentle Relaxation Massage	Focusing on your back, neck, head, and feet, this massage expertly addresses precise pressure points, ensuring unparalleled release of tension and relaxation. This massage is exclusive to resident guests of The Farmhouse Hotel and limited to one per person per stay.	<b>R440   40min</b>
<b>Mint Signature Deep Tissue Muscle Relief</b>	A deep pressure massage to relieve tension ending off with a cooling Mint Gel.	<b>R1020   90min</b>
<b>Aromatherapy</b>	Massage incorporates hot stones for the first 10 minutes as a muscle warming introduction, using medium to firm pressure.	<b>R700   60min</b>
<b>Deep Tissue</b>	Massage and exfoliation with a focus on sports-style techniques and the application of a soothing muscle ease gel.	<b>R700   60min</b>
<b>Scalp and Neck</b>	Relaxing Scalp and Neck massage	<b>R360   30min</b>
<b>Soothed Soles</b>	Relaxing foot massage with cooling Mint Gel	<b>R450   45min</b>
<b>Back, Neck and Shoulder</b>	Relaxing Back, Neck and Shoulder massage	<b>R450   45min</b>
<b>Swedish</b>	Full-Body massage treatment, focussing on muscle relaxation and increasing blood circulation.	<b>R600   60min</b>

## Facials

### Bellabacci Derma-TX AHA Facial

Experience incredible results when nature and science meet. This innovative AHA treatment continually revitalizes skin's texture and promotes firm and even skin tone.

R600 | 60min

### Bellabacci Derma-TX Hydra Collagen Facial

This luxurious wrinkle-defense antiaging treatment offers intensive skin nourishment and protects and fortifies the skin barrier. This hands-on facial offers superior antiaging performance whilst intensively hydrating your skin leaving it plumper, lifted and firmer. Targeting fine lines and wrinkles by stimulating elastin production for the prevention of future wrinkles.

R600 | 60min



## Hands

### Express Manicure

File, shape, buff and paint.

R400 | 30min

### Luxury Manicure

Hand scrub, massage, file, shape, buff, and paint.

R640 | 75min

## Feet

### Express Pedicure

File, shape, buff and paint.

R450 | 30min

### Luxury Pedicure

Foot scrub, massage, file, shape, buff, and paint.

R690 | 75min



## ADDITIONAL TOUCHES

Extended time on massages

R150 | 15min

Prices and any other details are subject to change with reasonable notice. Terms and conditions apply and can be viewed on [www.mintwellness.com](http://www.mintwellness.com)



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Or visit [www.mintwellness.com](http://www.mintwellness.com)

For further information, Terms and Conditions, operating hours and gift vouchers.

## More Mint Wellness Spa's:

### Langaro

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### The Bay Hotel

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### Camps Bay Retreat

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### Pezula Nature Retreat

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