

Benguela West Coast Marathon



Langebaan
SPAR 



42.2km, 21.1km and 5km Fun Run/Walk An Unforgettable Run in the Park

Organised by Langebaan Strandlopers

In association with:

West Coast Honorary Rangers
Run in accordance with ASA and WPA rules

Saturday 17 March 2012

Social Walkers welcome for:

Half Marathon and Fun Run/Walk

**ENTRIES CLOSE ON 8 MARCH 2012
(MARATHON FIELD LIMITED TO 1 200 ENTRIES)**

No late entries allowed for 42.2km
Due to pre-booking of busses
No goody bags for late entries for 21.1km

**EXPO @
Langebaan
Registration
with food
stalls.**

**Last bus
departs from
registration
area to 42km
starting point
inside park
at 05:20**



**South African
NATIONAL PARKS**

Online entries: www.entrytime.com
Electronic Entry Forms: www.strandlopers.co.za

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BENGUELA
GROUP